# Fair factor

## How does fear factor into your life?

FIGHT | FLIGHT | FREEZE | FAWN

### "Do not be afraid!"

is found 365 times in scripture.

I believe God knows that we will be dealing with some aspect of fear every single day of our lives.

## Your journey with Jesus is a constant battle between fear and faith...

**FEAR** 

**FAITH** 

## For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

- 2 Timothy 1:7

God has not given us a spirit of fear and timidity,

### Then Why?!?!

God has not given us a spirit of fear and timidity,

## We are amid the "new" and the "not-yet-completely new".

(Pastor & Theologian John Piper)

God has not given us a spirit of fear and timidity,

We are amid the "new" and the "not-yet-completely new".

2 Corinthians 5:17 | Philippians 1:6

These are the tools that will strengthen our faith so that we might overcome our fear.

### POWER | Deuteronomy 31:6

The power of God goes before us; it both envelops us and develops us.

#### LOVE | 1 John 4:18

The love of Christ is all-consuming; impressed on us and expressed by us.

#### SELF-DISCIPLINE | Titus 2:12

We have a calling to righteousness; devoted to and promoted by the Spirit.

If daily we struggle with fear, then daily we must persist in strengthening our faith through power, love, and self-discipline.

