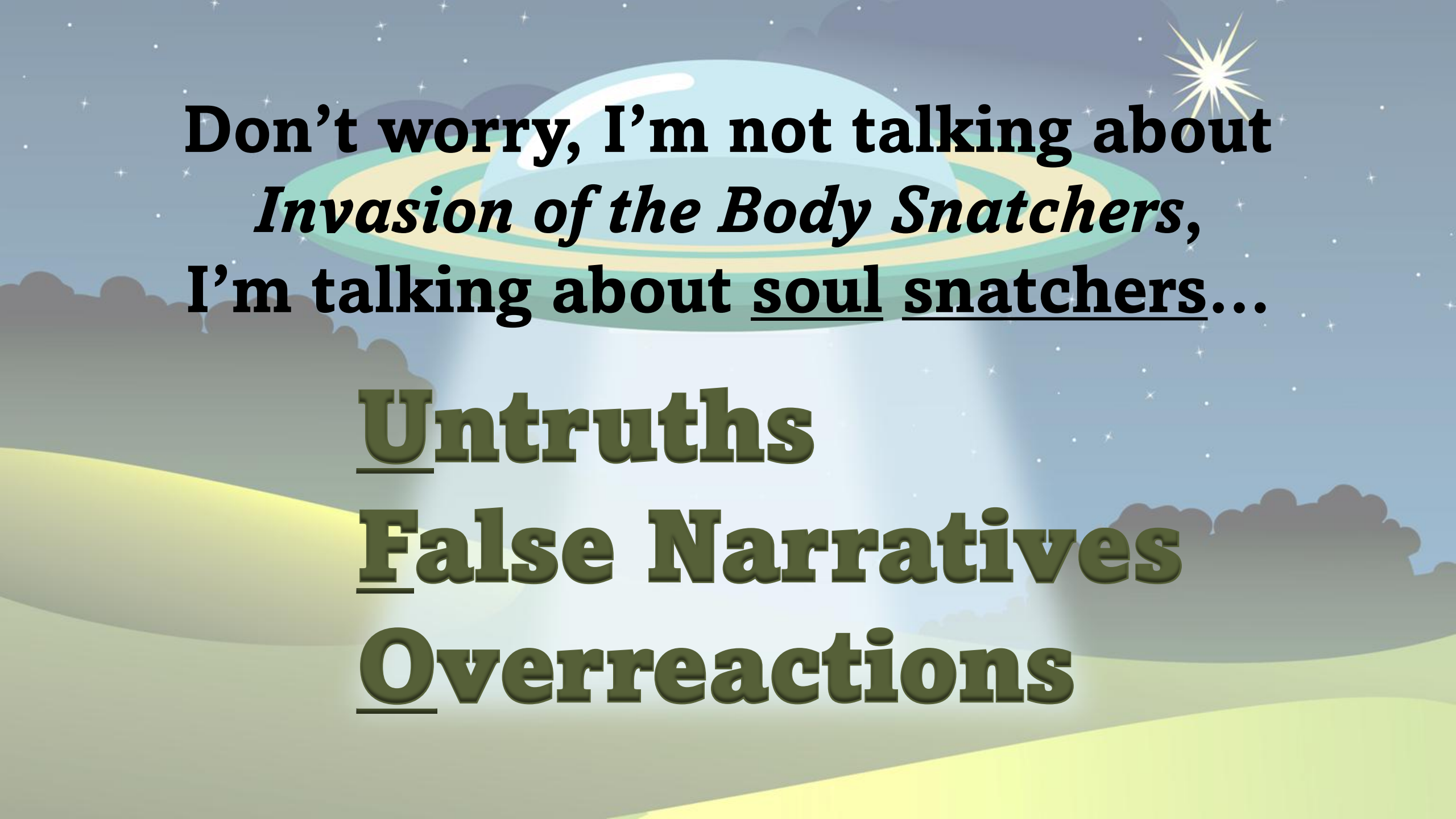




# **AVOIDING UFOs**

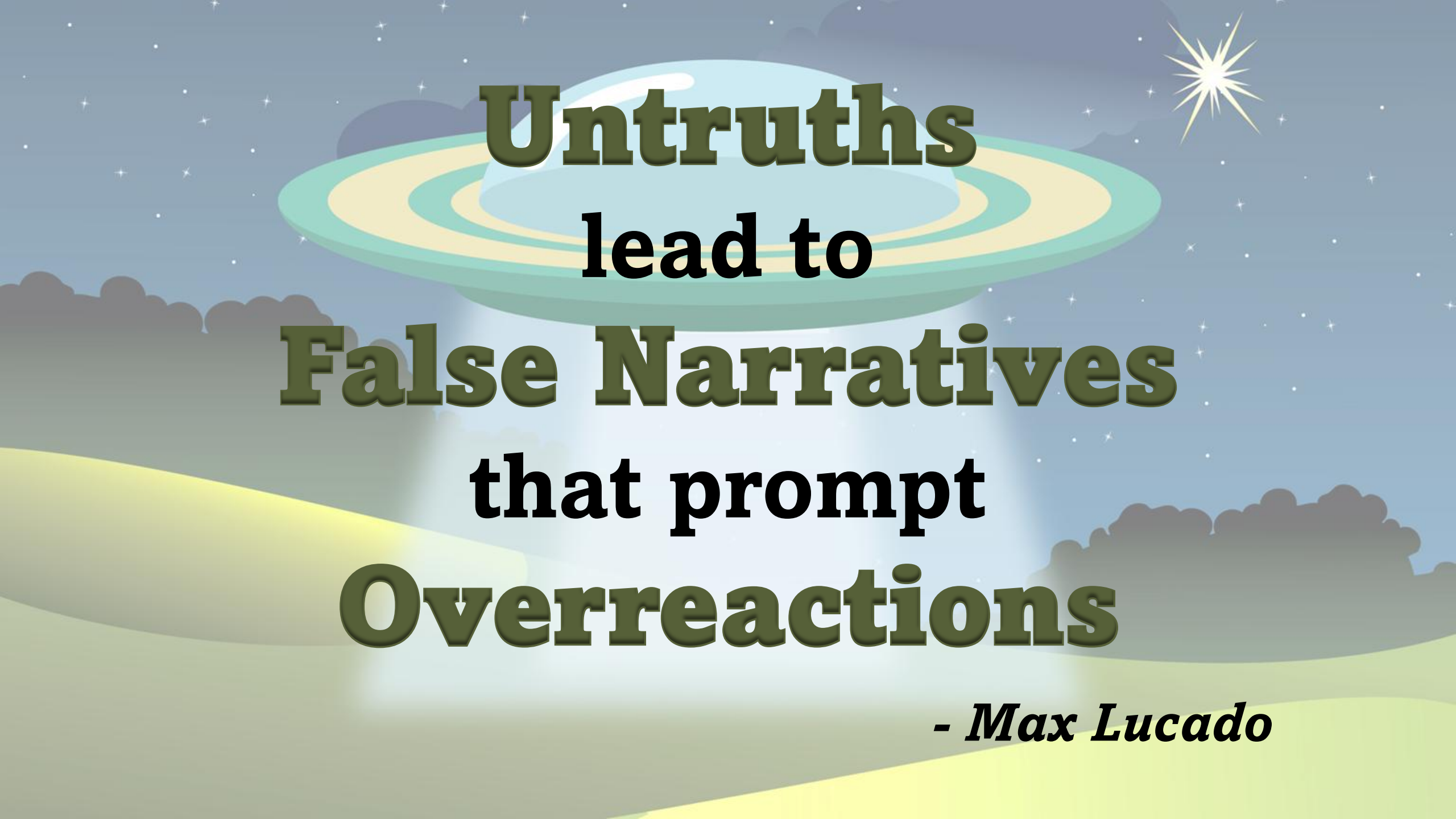


**Don't worry, I'm not talking about  
*Invasion of the Body Snatchers*,  
I'm talking about soul snatchers...**

**Untruths**

**False Narratives**

**Overreactions**



**Untruths  
lead to  
False Narratives  
that prompt  
Overreactions**

***- Max Lucado***

# **“What is Truth?”**

*Jesus said to the people who believed in him,  
“You are truly my disciples if you remain  
faithful to my teachings. And you will know  
the truth, and the truth will set you free.”*

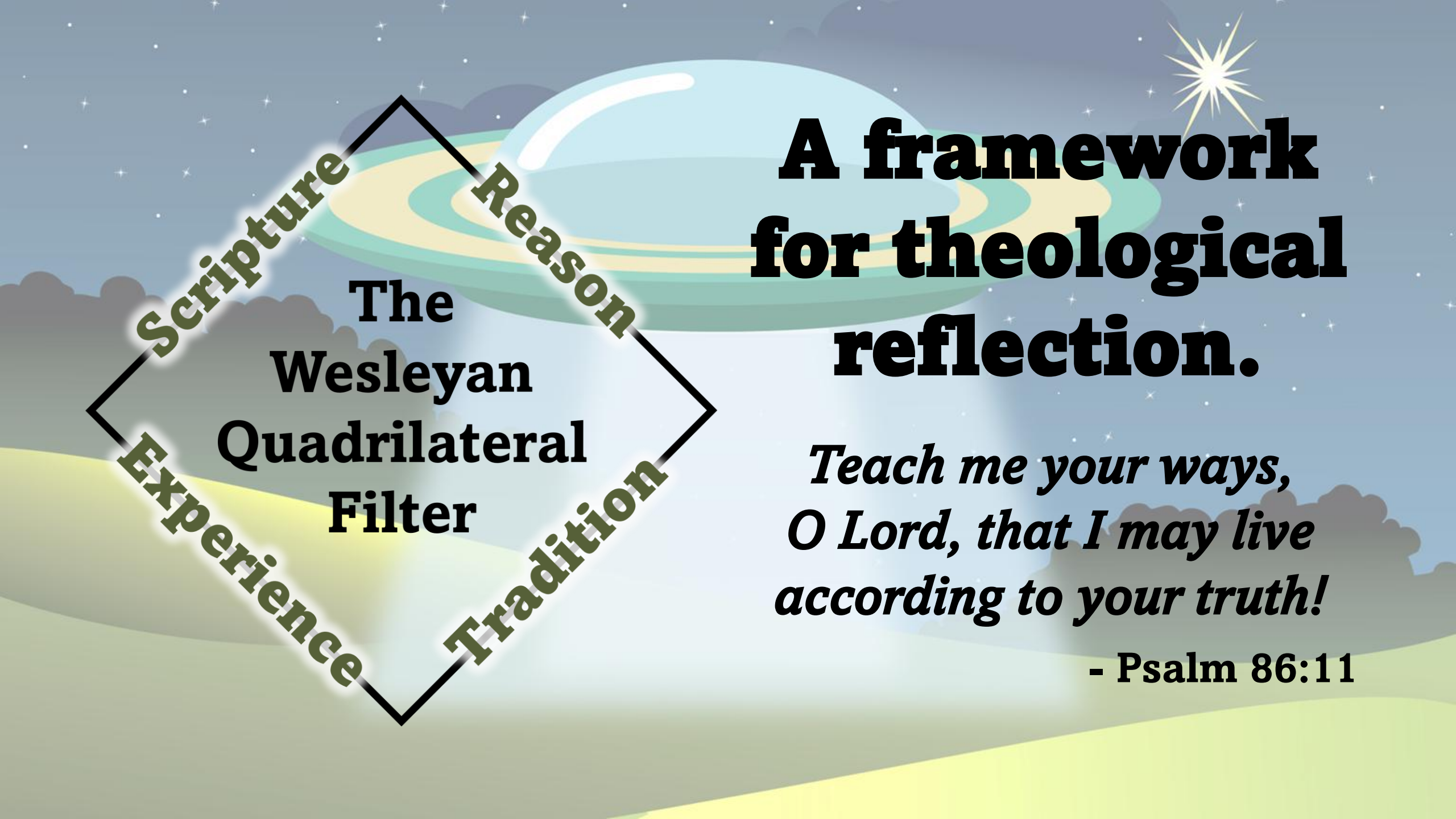
**- John 8:31-32**

# **“What is Truth?”**

**Truth needs to be anchored to and filtered through something beyond ourselves.**

***This hope is a strong and trustworthy anchor for our souls.***

**- Hebrews 6:19**



# **A framework for theological reflection.**

*Teach me your ways,  
O Lord, that I may live  
according to your truth!*

**- Psalm 86:11**



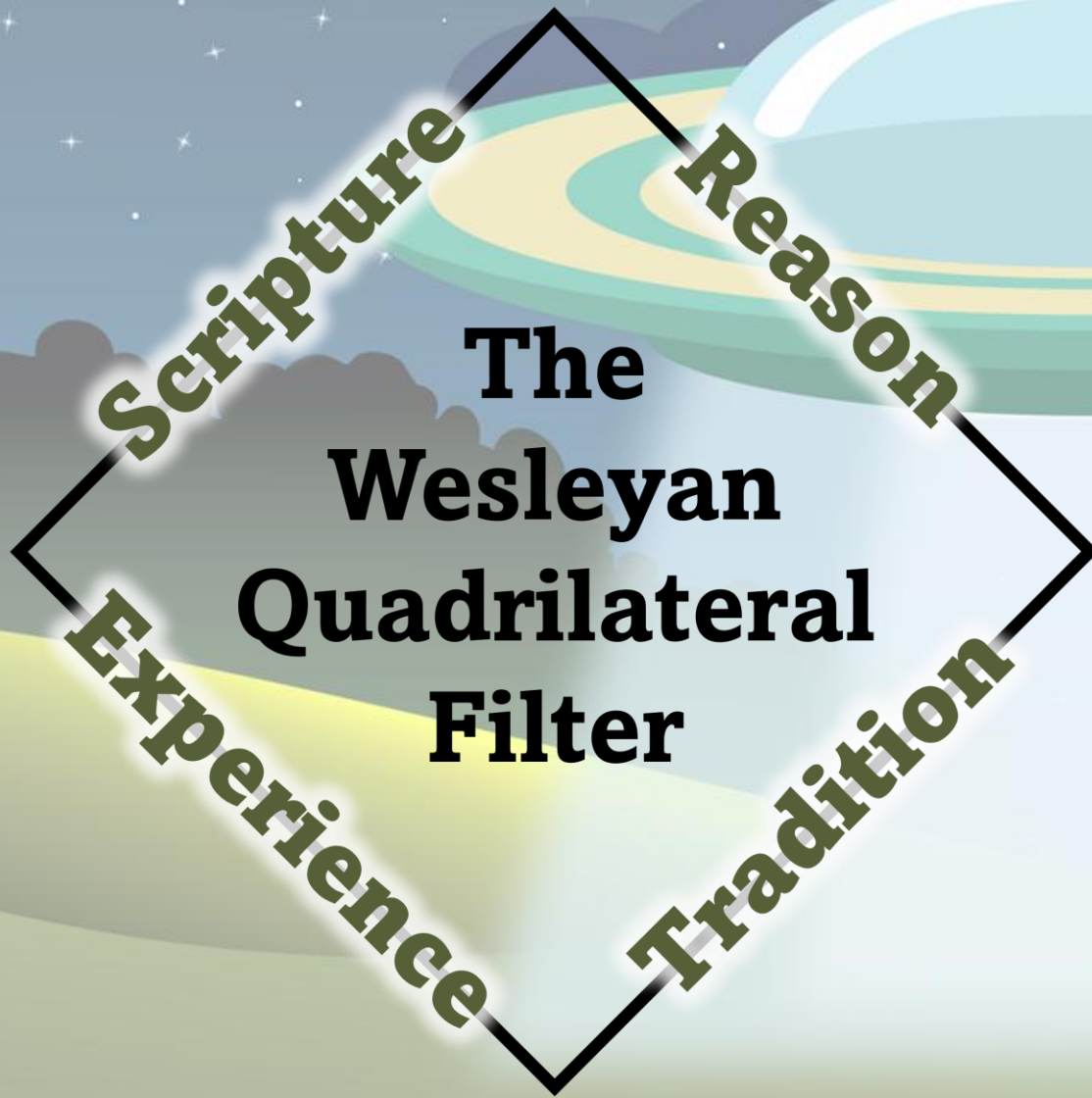


## **SCRIPTURE**

**What does the Bible say about this topic?**

## **TRADITION**

**What has the Church historically taught about this subject?**

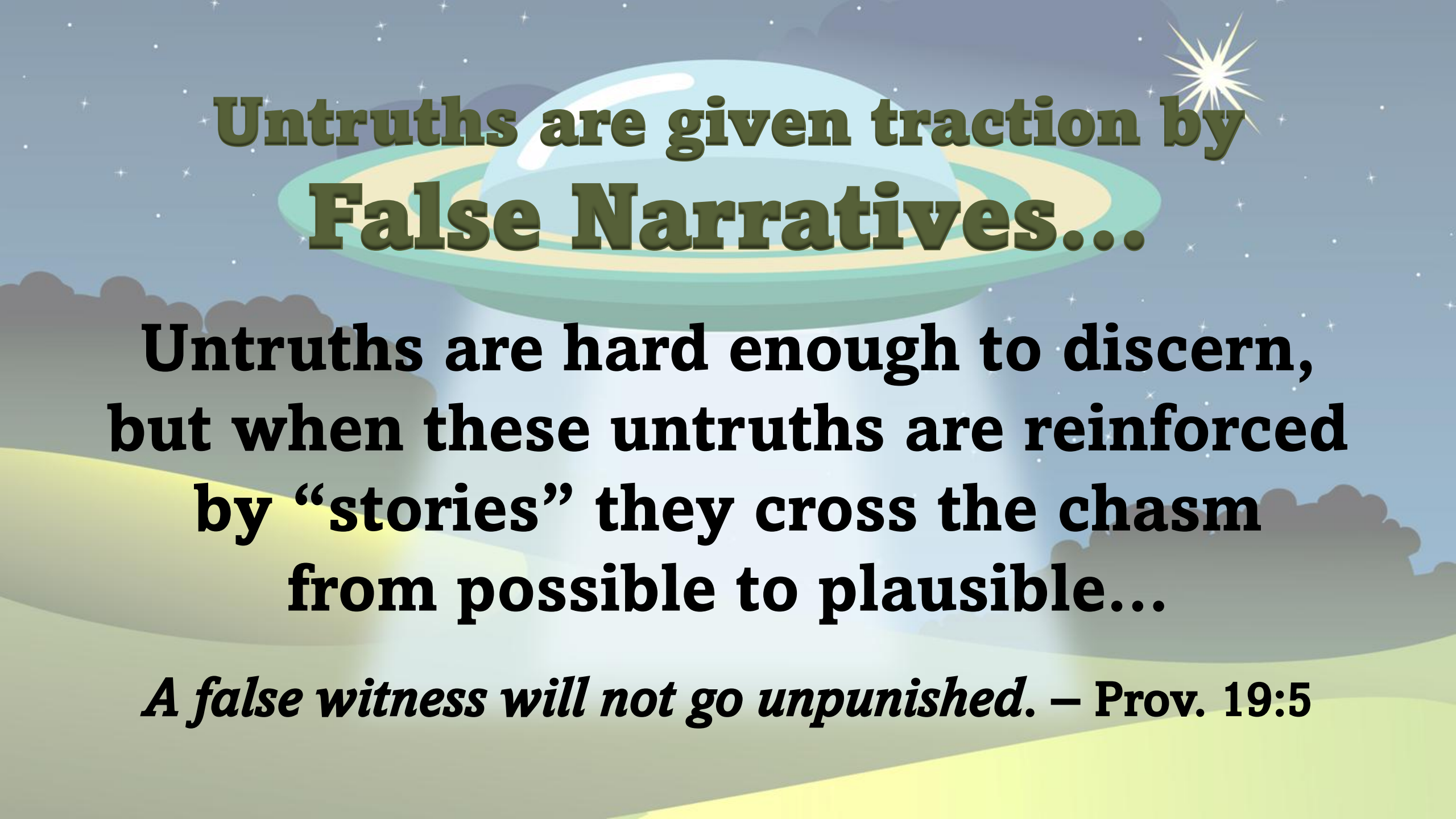


## **REASON**

How does logic, practicality, and common sense apply?

## **EXPERIENCE**

How has your personal experience informed your understanding?



# **Untruths are given traction by False Narratives...**

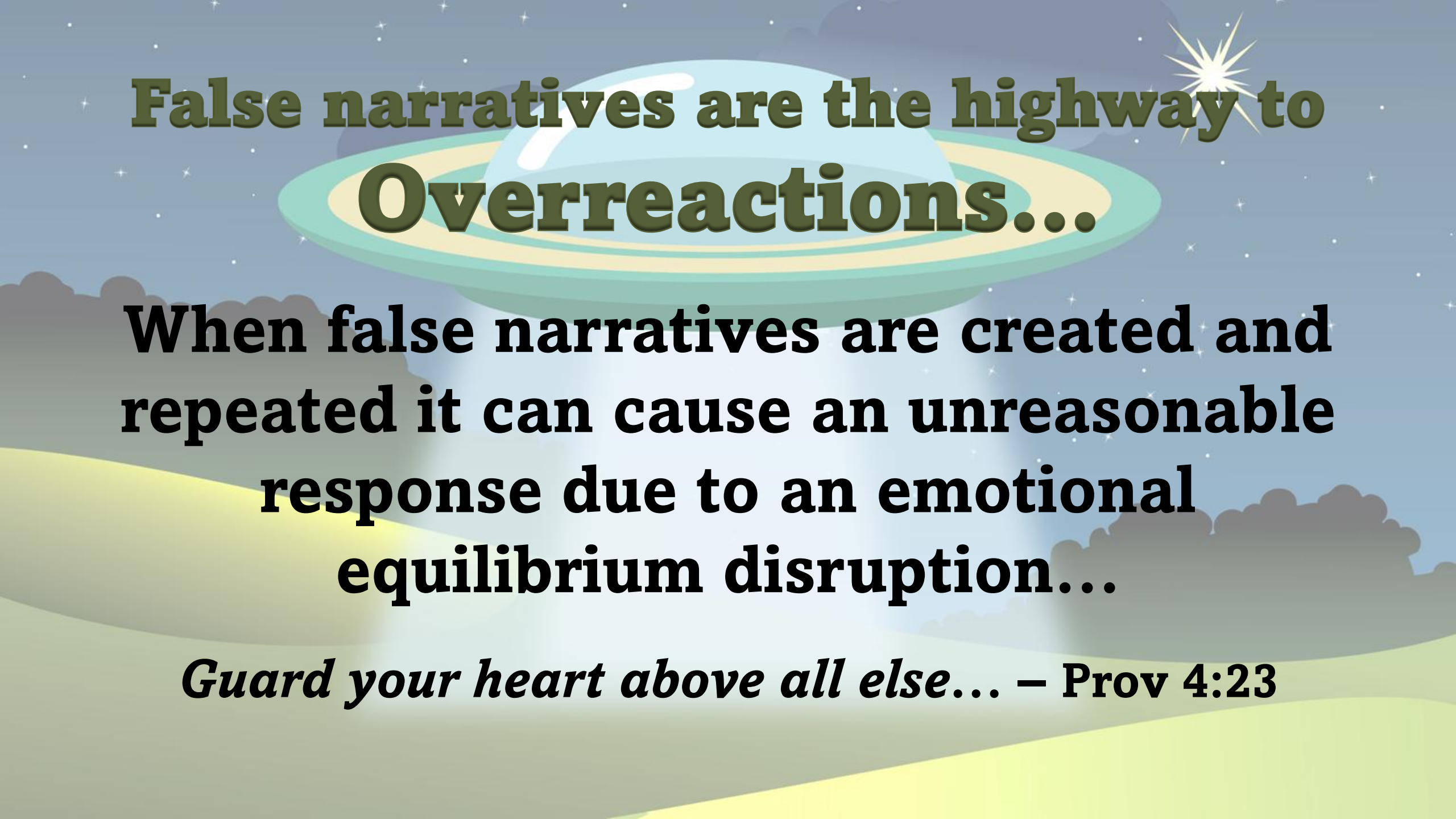
**Untruths are hard enough to discern,  
but when these untruths are reinforced  
by “stories” they cross the chasm  
from possible to plausible...**

***A false witness will not go unpunished. – Prov. 19:5***

# **Untruths are given traction by False Narratives...**

***“You must not pass along false rumors. You must not cooperate with evil people by lying on the witness stand. You must not follow the crowd in doing wrong. When you are called to testify in a dispute, do not be swayed by the crowd to twist justice.”***

**- Exodus 23:1-2**



# **False narratives are the highway to Overreactions...**

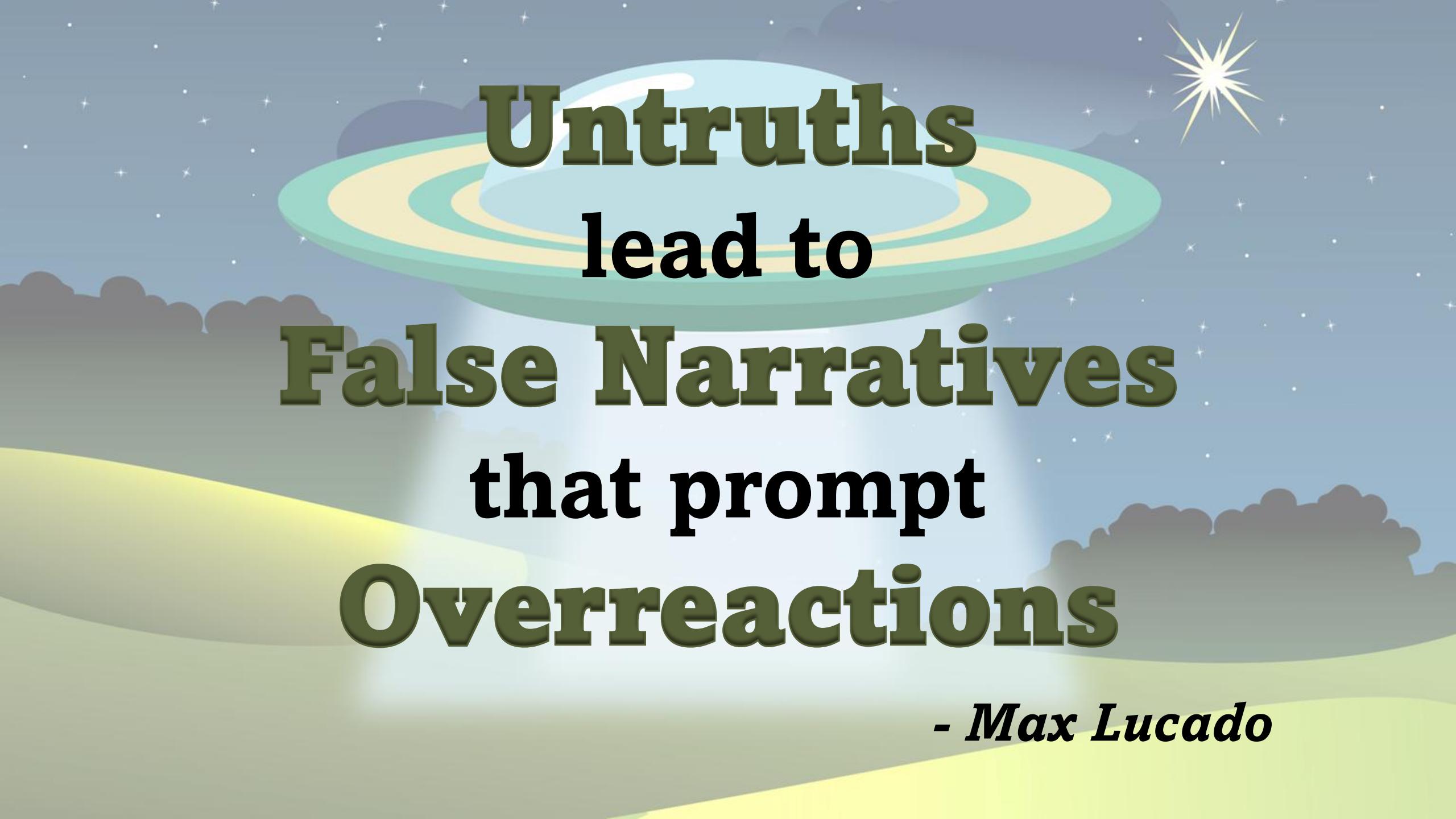
**When false narratives are created and repeated it can cause an unreasonable response due to an emotional equilibrium disruption...**

***Guard your heart above all else... – Prov 4:23***

# **False narratives are the highway to Overreactions...**

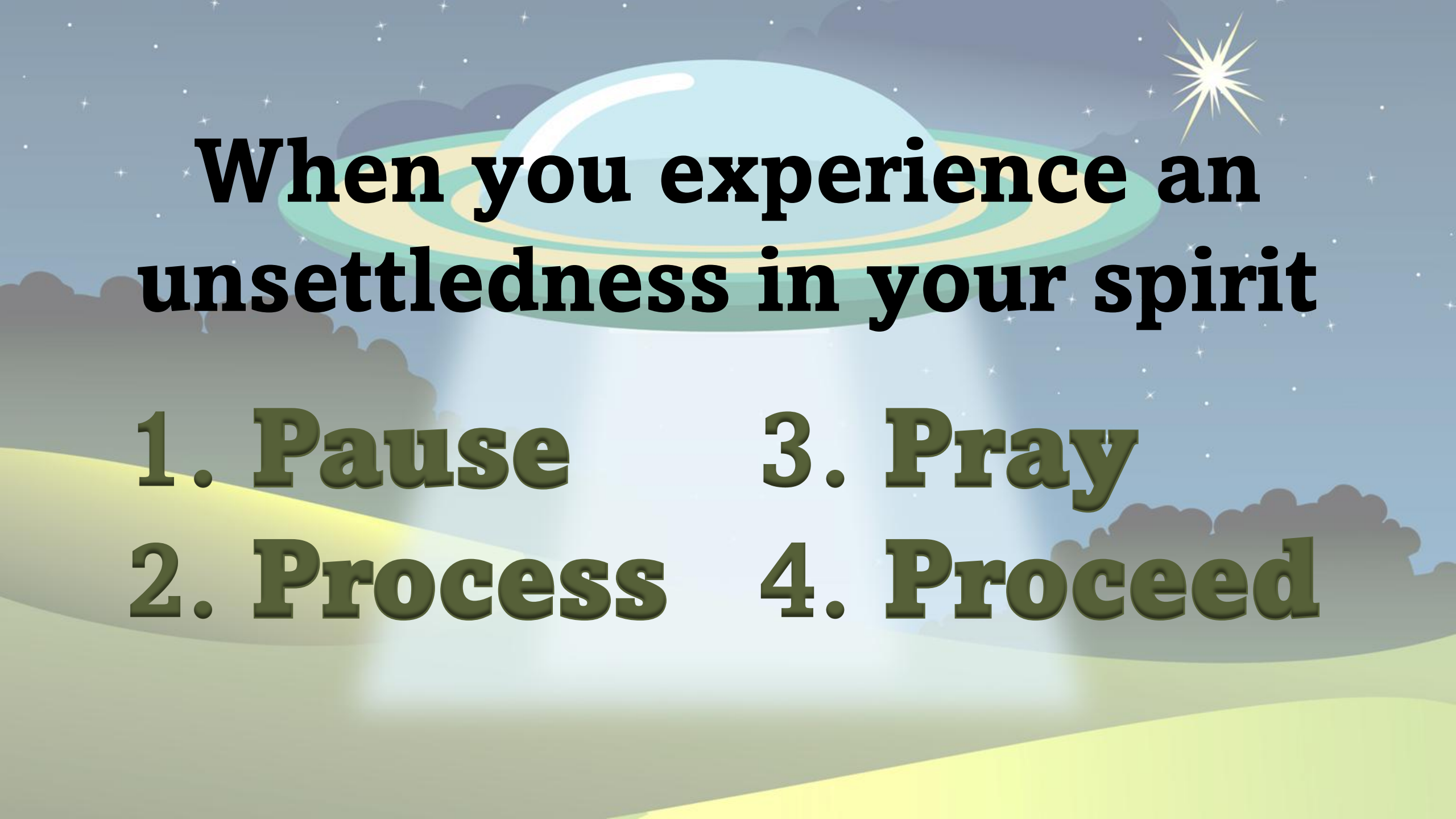
***You must be quick to listen, slow to speak,  
and slow to get angry. Human anger does not  
produce righteousness. So get rid of all the filth and  
evil in your lives, and humbly accept the word  
God has planted in your hearts, for it has  
the power to save your souls.***

**- James 1:19-21**



**Untruths  
lead to  
False Narratives  
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***- Max Lucado***



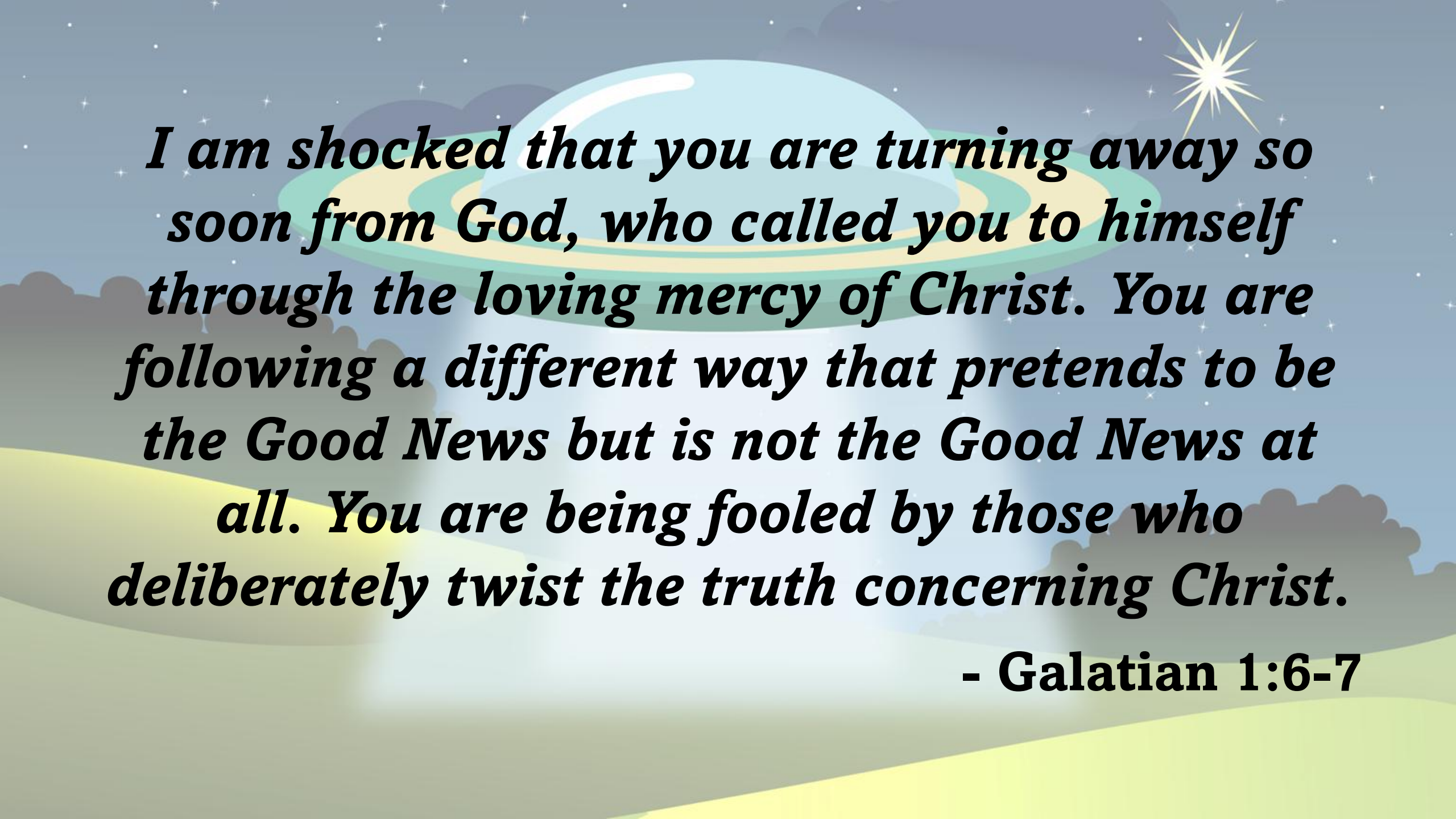
**When you experience an  
unsettledness in your spirit**

**1. Pause**

**2. Process**

**3. Pray**

**4. Proceed**



***I am shocked that you are turning away so soon from God, who called you to himself through the loving mercy of Christ. You are following a different way that pretends to be the Good News but is not the Good News at all. You are being fooled by those who deliberately twist the truth concerning Christ.***

**- Galatian 1:6-7**

